

When Emotions Lie...
1 John 3:19-24
October 22, 2024
Noon Bible Study
Youth Pastor Jordan Washington

I. Feelings Can Fail You vs. 19-22

1. Truth is objective, distinct and can be experienced
 - A. God defines and depicts truth
 - B. Living by the truth is what unveils our uniqueness
 - C. Living by the truth requires intentional participation in loving others

2. Purposefully participating in acts of love relieves the emotional aches of inconsistency
 - A. Our emotions and thoughts have value but also has limitation

Condemn

Our emotions can:

Our emotions can not:

Compete

Convict

Compel

Ease

Convince

3. God is not hindered by our weakness and knows the core of who we are and why
 - A. When we fail to meet God's expectations, we can feel inadequate, and our emotions can rule us
 - B. Your rest from emotional strongholds comes through:
 - #1 Intentionally prioritizing presence above your isolation and His word above your thoughts
 - #2 Trust in His knowledge of your past present and future

II. The Greatness of God Gives Us Confidence vs. 23-24

Confidence: Boldness in the presence of someone of high rank 1.
When we deal with self-condemnation appropriately, we discover a newfound confidence to go approach God

- A. Christ and his finished work is the theological foundation for confidence for approaching God
- B. Holiness is the is the practical foundation of a believer's confidence in approaching God
- C. Our confidence is not based in our faith but rather in our Savior

2. Confidence shapes our prayer life in 3 areas

- A. Expectation of provision
- B. Seek God's satisfaction in our situations
- C. Renewed desire to be obedient despite the obstacles - Depend more on God
 - Intentionally act in love towards others

3. Obedience indicates intimacy with God

- A. Abiding is discerned not earned
- B. God permanently dwells in a believer, but our level of obedience determines our experience of Him