

**Health is Wealth: Prioritizing Physical Health**  
**Center for Christian Living**  
**Min. Jordan Washington**  
**July 2, 2024**

**I. Your Body \_\_\_\_\_ to God**

1. You are a \_\_\_\_\_ of your body
2. Your body is God's \_\_\_\_\_ place
3. Your body has eternal \_\_\_\_\_ in God's sight

*“What you do with your body is a physical and \_\_\_\_\_*

*statement”* **II. \_\_\_\_\_ God with your body**

**4 WAYS TO PRACTICALLY GLORIFY GOD WITH YOUR BODY**

\_\_\_\_\_ 1 2 3 4

**III. Purpose and Preservation of Purity**

1. God desires and commands us to be \_\_\_\_\_
2. Our lives should \_\_\_\_\_ and \_\_\_\_\_ Christ
3. Failing to maintain your purity can \_\_\_\_\_ you physical, mentally and spiritually

**5 WAYS TO PRESERVE IN PURITY**

\_\_\_\_\_ 1 2 3 4 5

**IV. A Little \_\_\_\_\_, Goes a Long Way**

1. There is some \_\_\_\_\_ in physical training and development
2. Increasing your physical capabilities can \_\_\_\_\_ your life and ministry
3. \_\_\_\_\_ of vanity and coping with the pain of life through exercise

**V. Many Men's Unmet Need is \_\_\_\_\_**

1. Ambition can be intoxicating and lead to \_\_\_\_\_ in every area of your life
2. Contentment is \_\_\_\_\_
3. Making time to rest is an indicator of your \_\_\_\_\_ and \_\_\_\_\_ on God
4. God \_\_\_\_\_ those he loves

**VI. Resist the Table's \_\_\_\_\_**

1. Consider what is \_\_\_\_\_ your appetite
2. Gluttony is \_\_\_\_\_ and is a form of \_\_\_\_\_
3. Eating only provides \_\_\_\_\_ pleasure
4. Gluttony is \_\_\_\_\_. It promises satisfaction and leads to \_\_\_\_\_